



## Making healthy choices

MOST people enjoy a burger and chips now and again but really it should be saved for a treat. As part of their theme 'bellies, bottoms and burps', Year 3 learnt this week how to make some healthy choices. They started with making their own muesli with oats, seeds and fruit before moving on to make a Lemon Cous Cous with lots of fresh vegetables. Lastly came a



healthier version of Eton Mess made with Meringue and Honey Greek Yoghurt with lots of lovely fresh fruit. In addition they also found out how food moves through the body and how it is digested taking in safety and hygiene along the way. A big thank you to Mr Burton's Mum who has vast experience in catering and came along to help us learn.



## Spring Fayre

### update

THE PTA Spring Fayre will be taking place next Friday 23 March. Please don't forget we will be accepting your cake donations for the cake stall from Thursday. REMEMBER—under 16's will not be permitted entry without an adult.

### Decorated Jar—Winners

#### Infants

- 1st Simran—Tiger
- 2nd Luca—Kangaroo
- 3rd Liam—Koala

#### Juniors

- 1st Kara—Lemur
- 2nd Maja—Meerkat
- 3rd George—Leopard

## The good news first...

A HUGE congratulations to Mr Austin and his wife who have become parents for the second time. Ashana Joan Austin was born last Saturday weighing 8lb 11oz Mother and baby are doing well.



## ...now the sad news



We are sad to announce that Mrs Witt our SENCO and Inclusion Leader will be leaving us at the end of this term.

Mrs Witt has been at Ashford CE School for 9 years and has decided

that now is the time to try something new. So a big thank you for her service and dedication to the school and good luck and happiness for the future. If you would to contribute to her leaving gift please see the school office.

## Here comes summer

SUMMER is on it's way. Clocks will be going forward on 25 March and the nights will get lighter. After the Easter break we will be in the school Summer Term so Junior children may now wear a school polo shirt and all girls may wear a summer dress. Please remember that trainers are not a part of school uniform and may only be worn if there is a medical reason and we have a note to confirm this. We are always very proud of how smart our children are in their uniform.

## So you think you can dance?

WHY not come along to the school disco and show us your best moves? The school discos will be held on 28 March and tickets will be on sale before and after school on 23/26/27 March.

