



21 May 2019

Year 6 Nurse Visit Monday 17 June 2019

Dear Parent and Carer,

We are writing to inform you that we have booked in the school nurse is visiting the Year 6 children to do a puberty talk. The visit will take place on Monday 17 June, during the morning sessions.

This is an annual visit, whose purpose is to inform children about personal hygiene, body changes and areas of puberty. The children will be shown a DVD as a year group and then spilt into gender groups to have a talk and discussion about more gender specific issues. The focus is on hygiene and bodily changes, however, it will cover the introduction to sex education. The nurses are incredibly experienced and have been working alongside the school for many years. Similarly, they will have dealt with questions that are relevant to this stage of puberty, so we do encourage the children to ask questions within this safe environment.

This is always an invaluable session, that will prepare the children for puberty and is particularly useful, as they are becoming more independent throughout the transition from primary to secondary school. Additionally, it will give children an idea of the importance of personal hygiene, which is essential during their development.

There will be a further session at secondary school, which will build on from this stage and go into further detail about puberty and sexual health, but this is a primary targeted introduction.

Although the content of the visit is part of the statutory curriculum, we understand that some of you may wish for your child to be excluded from this talk. If you wish for your child to be withdrawn from the nurse led session, then please send in a letter to your child's teacher before our visit on Monday 17 June.

Thank you for your understanding and we are thrilled that the nurses are able to join us again this year.

Kind regards,

Year 6 Teachers