



Dear Parents/Carers,

June 2019

As part of our Personal, Social, Health and economic Education curriculum, (PSHE) we will be teaching the Relationships and Sex Education content (RSE) after the half term holiday.

Relationships and Sex Education is about teaching children;

- Ways of keeping physically and emotionally safe
- About managing changes, such as puberty, transition and loss
- About relationships built on trust and mutual respect
- How to make informed choices about health and well-being and to recognise sources of help with this

The importance of this subject in safe-guarding children has been acknowledged by the Government and is set to have statutory status by September 2019.

We recognise that Relationships and Sex Education is a highly sensitive subject but we firmly believe that effective RSE can make a significant contribution to the health and wellbeing of our children, both now and in the future, enabling them to make responsible and informed decisions.

All content covered is **age appropriate** and is taught through our Jigsaw theme, "Changing Me." We have included an outline of the content for each year group so that you are aware of what your child will be learning each week.

Should you have any question or concerns, please come and talk to your child's teacher.

Yours sincerely,

Richard Austin  
Head of School