



Ashford Church of England Primary School

May 2018

Dear Parents and Carers

In light of recent Government proposals, we are making some changes to our PSHE curriculum across the school. Personal, social, health and economic education are an important and necessary part of all pupils' education. Through a planned programme of learning, we provide our pupils with the knowledge, understanding and skills that they need in order to manage their lives both now and in the future. As part of a whole school approach, develop the attributes our pupils need to thrive as individuals, as part of a family and as a confident member of the wider community.

The Government is proposing that Relationships and sex education (RSE) is to receive statutory status by September 2019 and is recognising the importance of this subject regarding safeguarding children. Relationships and Sex education is about teaching children;

- Ways of keeping physically and emotionally safe
- About managing change, such as puberty, transition and loss
- How to make informed choices about health and well-being and to recognise sources of help with this

Ahead of September 2019 we would like to teach the full RSE curriculum for each year group, starting this summer term. We have included for you an outline of the learning through the school and would welcome your feedback.

We would like to share with you some of the teaching resources we will be using. These will be displayed in the hall after school on Thursday 10 May. Some representatives from the staff and governing body will also be there so that you can share your thoughts and address any questions you may have.

We recognise that relationships and Sex Education is a highly sensitive subject but we firmly believe that effective RSE can make a significant contribution to the health and wellbeing of our children, both now and in the future, enabling them to make responsible and informed decisions.

Yours sincerely

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Headteacher
Jigsaw RSE Content

The grid below shows specific RSE learning intentions for each year group in the 'Changing Me' Puzzle.

Year Group	Piece Number and Name	Learning Intentions 'Pupils will be able to...'
1	Piece 4 Boys' and Girls' Bodies	identify the parts of the body that make boys different to girls and use the correct names for these: penis, testicles, vagina respect my body and understand which parts are private
2	Piece 4 Boys' and Girls' Bodies	recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina) and appreciate that some parts of my body are private tell you what I like/don't like about being a boy/girl
3	Piece 1 How Babies Grow	understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby express how I feel when I see babies or baby animals
	Piece 2 Babies	understand how babies grow and develop in the mother's uterus and understand what a baby needs to live and grow express how I might feel if I had a new baby in my family
	Piece 3 Outside Body Changes	understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies

		<p>identify how boys' and girls' bodies change on the outside during this growing up process</p> <p>recognise how I feel about these changes happening to me and know how to cope with those feelings</p>
	<p>Piece 4</p> <p>Inside Body Changes</p>	<p>identify how boys' and girls' bodies change on the inside during the growing up process and why these changes are necessary so that their bodies can make babies when they grow up</p> <p>recognise how I feel about these changes happening to me and how to cope with these feelings</p>
4	<p>Piece 2</p> <p>Having A Baby</p>	<p>correctly label the internal and external parts of male and female bodies that are necessary for making a baby</p> <p>understand that having a baby is a personal choice and express how I feel about having children when I am an adult</p>
	<p>Piece 3</p> <p>Girls and Puberty</p>	<p>describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this</p> <p>know that I have strategies to help me cope with the physical and emotional changes I will experience during puberty</p>
5	<p>Piece 2</p> <p>Puberty for Girls</p>	<p>explain how a girl's body changes during puberty and understand the importance of looking after myself physically and emotionally</p> <p>understand that puberty is a natural process that happens to everybody and that it will be OK for me</p>
	<p>Piece 3</p> <p>Puberty for Boys and Girls</p>	<p>describe how boys' and girls' bodies change during puberty</p> <p>express how I feel about the changes that will happen to me during puberty</p>

	<p>Piece 4</p> <p>Conception</p>	<p>understand that sexual intercourse can lead to conception and that is how babies are usually made</p> <p>understand that sometimes people need IVF to help them have a baby</p> <p>appreciate how amazing it is that human bodies can reproduce in these ways</p>
6	<p>Piece 2</p> <p>Puberty</p>	<p>explain how girls' and boys' bodies change during puberty and understand the importance of looking after myself physically and emotionally</p> <p>express how I feel about the changes that will happen to me during puberty</p>
	<p>Piece 3</p> <p>Girl Talk/Boy Talk</p>	<p>ask the questions I need answered about changes during puberty</p> <p>reflect on how I feel about asking the questions and about the answers I receive</p>
	<p>Piece 4</p> <p>Babies – Conception to Birth</p>	<p>describe how a baby develops from conception through the nine months of pregnancy, and how it is born</p> <p>recognise how I feel when I reflect on the development and birth of a baby</p>
	<p>Piece 5</p> <p>Attraction</p>	<p>understand how being physically attracted to someone changes the nature of the relationship</p> <p>express how I feel about the growing independence of becoming a teenager and am confident that I can cope with this</p>