



Pre visit preparation has included:

- An approval form signed by Mr Austin and a designated Governor.
- A risk assessment form has been completed if appropriate and given to Mr Austin.

Class: Year 3 Meerkats and Lemurs	
Workshop: Healthy Eating Day	
Date: 2 nd April 2019	Time:- AM PM
Learning Focus:	<p>Bellies, Bottoms and Burps</p> <p>A day of learning about food choices, how to create healthy meals and an opportunity to make healthy choices. The children will spend the day learning about and discussing healthy choices and tasty combinations. Children will take some of their finished prepared food home, which will include a breakfast, lunch and dinner, as well as a healthy drink.</p> <p>To be able to understand how we can make healthier choices with our diet. To be able to understand hygiene and keeping clean. To be able to identify what nutrients are in the food we eat. Discuss what a healthy meal could include.</p>
Cost of Visitor / Workshop: £2	We appreciate you making this voluntary contribution to enable the visit to take place.
Other Information:	This will take place during the school day so lunch arrangements and travel will not be affected.

Ashford C.E. School - Class Visit Permission Slip

PLEASE RETURN THIS SLIP TO THE CLASS TEACHER

Name of Child:	
Class: Meerkats / Lemurs	*please delete as appropriate
Workshop: Year 3 Healthy Eating Day	on Tuesday 2 nd April
I enclose £ cash <input type="checkbox"/> cheque <input type="checkbox"/> I have paid a contribution towards the event on Tucasi <input type="checkbox"/>	
Please make cheques payable to Ashford CE Primary School	
Signed:	Your name: