



ACE'S Spotlight on a Subject

Spring Term 2024 PE

How is PE taught at ACE?

Our vision for PE is to provide a high-quality curriculum that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. We do that through the use of the Get Set 4 PE scheme, which provides opportunities for pupils to become physically confident in a way which supports their health and fitness. The curriculum ensures that children participate in a wide variety of sports which they revisit in subsequent year groups so they can develop their skills further. We provide children with opportunities to compete in sports against other schools, which enables them to build character and helps to embed values such as fairness and respect.

Recent Learning in the Infants

In Reception, the children have progressed their gross motor skills through a range of activities. They have also learnt the importance of staying safe using space.

Year 1 have been developing their ball skills of throwing and catching, along with learning simple tactics for participating in team games.



Year 2 have practised their gymnastics skills, including creating some fantastic sequences that include the use of shapes, levels and directions.



Recent Learning in the Juniors



Year 3 are enjoying tennis, using their racket skills and tactics to outwit the opposition!

Year 4 are challenging themselves to improve their fitness levels which has included practising their balance skills.



Year 5 are progressing their footballing skills and have been focussing on the importance of fair play and honesty in all their PE lessons.



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How can you support your child with PE at home?

The NHS recommends an average of 60 minutes of moderate to vigorous exercise every day for children and adolescents. Encourage your child to be as active as possible in their every day lives and join in with them at every opportunity! Walking to school, a family bike ride and visiting the park all contribute towards their overall fitness. Practising key skills such as skipping, throwing and catching will support their overall physical development. For children that enjoy organised sport, there are a variety of after school clubs available for children such as football and archery!

Save the date!

Sports Day will take place on
Thursday 23rd May.

Juniors in
the morning
and Infants
in the
afternoon.

